



Therapeutic Programme to Support Transition - Post 16/19

- Do you know a young person who is moving onto a new setting or college at risk of NEET?
- Would they benefit from some cognitive behavioural strategies to support them with their feelings and to build resilience?
- Would they like to meet others who may be going to the same setting or college?
- Do they want the help and support? Are they asking for it?

Educational Psychology are looking for small groups of young people who would benefit from a therapeutic support programme.

When: July - September

Where: Microsoft Teams

How long: 6 weeks

Follow up after the programme would include:

- An individual check-in.
- Agreed information to be shared with a key person in the new college or setting.

If you know a young person who may benefit then please complete the referral form into the programme and send to EPS@dudley.gov.uk by the 25th June 2021.

The programme has capacity for approximately 30 young people, depending upon their needs, and so there will be a screening process.